SUBITSHA SIBI. B

Mobile number: 9566350679

Email: subitsha.sibi08@gmail.com



Career objective:

Entry level counselling psychologist interested in counselling, diagnosing and assisting the needs of people.

To work in a competitive environment and yield dual aid where I contribute for the successfulness of the organization and also to develop my psychology skills.

Educational synopsis:

Masters: M.Sc. Psychological Counselling at Indian Institute of Psychology and Research, Bangalore. (Batch: 2019-2021)

Bachelors: B.Sc. Psychology Sree Saraswathi Thyagaraja College, Pollachi. (Batch: 2016-2019).

Higher Secondary at Vivek Vidyalaya Matriculation Higher Secondary School, Coimbatore.

Secondary school at Sri GVG Visalakshi Matriculation Higher Secondary School, Udumalpet.

Work Experience:

April 2022 – October 2024: Worked as Counsellor at Kalaiselvi Karunalaya Social Welfare Society, Mogappair West, Chennai.

Clinical Exposure:

In 2021, Attended 6 weeks internship program at Wings Within Organization, Bangalore.

Attended 10 days internship at Krishna Nursing Home, Coimbatore. (28Nov'2018).

Research Paper Presentations:

Submitted a dissertation in 2021 on title 'Impact of stress management programs to reduce the occupational stress among female secondary school teachers.'

National Conference held on Yuvakshetra Institute of Management studies, Palakkad, Kerala.

Technical profile:

Technically efficient in operating MS Office, SPSS.

Trained in administering, scoring, and interpreting various psychological tests.

Voluntary Activities:

Completed 6 months "certificate course on guidance and counselling' at Krishna Nursing Home, Coimbatore in 2019.

Participated in the National level workshop on 'Psychological Counselling Skills for Beginners' at Vidyasagar College of Arts and Science, Udumalpet on 8th January,2019.

Attended the National Level Workshop on 'Mental Health of Young Adults' in 2017 at The American College, Madurai.

As a part of National Service Scheme (NSS), participated in Special Camping Program on 'Healthy Youth for Healthy India' organized at Udukkampalayam, Udumalpet Taluk in 2017.

Skill Set:

Team player

Adaptability

Effective communication

Active listening

Time management

Personal Details:

Father's Name: Boopathy R

Date of Birth: 08/06/1999

Gender: Female

Nationality: Indian

Marital Status: Married

Languages Known: Tamil, English

Mobile Number: 9566350679

Permanent Address: 83 A, Anna Nagar, Sirumugai, Coimbatore- 641302.

Declaration:

I hereby confirm and verify all the facts that are mentioned above and I hold the responsibility for the authenticity and correctness.

Place: Sirumugai, Coimbatore.

Date:

Sincerely,

Subitsha Sibi. B