

# **TELNA M B**

Mambra (H) Assarikkad po cherumukuzy Thrissur Kerala pin:680751 telnamb20@gmail.com 9072706875

# PERSONAL DETAILS

Date of birth:22/10/2002 Gender: female Nationality: Indian Martial status: single Religion: christian

### **SKILLS**

\*Good communication

\*Quality patient care

\*Empathy and compassion

\*Time management

\*Flexibility

\*Discipline

# LANGUAGE

English Malayalam Tamil

# **CARRIER OBJECTIVE**

"To obtain a position in an establishment of which enables me to contribute my organisation skills, creativity,hospitality, leadership, time management and to provide care to patient"

# **EDUCATION**

\*Bsc nursing

Gem institute of nursing education and research .coimbatore, Tamilnadu

Dr.MGR University

2025

\*Plus two

Marthoma girls higher secondary school,

Thrissur Kerala

2020

\*SSLC

st.sebastians High School Mannamangalam

Thrissur Kerala

2018

# **CLINICAL EXPERIENCE**

### **Training**

Gem hospital coimbatore

NG hospital coimbatore

Vishnu ENT hospital coimbatore

Moses gnanabaranam eye hospital coimbatore

Masonic medical center Coimbatore

kongunadu mananala arakkattalai, psychiatric hospital coimbatore

PHC , chandrapuram coimbatore

Seetha lakshmi maternity centre coimbatore

# RESEARCH

PRE EXPERIMENTAL STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING BASIC FIRST AID MANAGEMENT OF PHYSICAL INJURIES AMONG MOTHERS OF CHILDREN ADMITTED INASONIC HOSPITAL, COIMBATORE

### **ACTIVITIES**

participated in vaccine camp during Covid 19 pandemic period

participated in NEMBS CPR awareness program 2023

participated in pulse polio vaccine camp

participated in National level conference on ENLIGHTENING EDUCATIONAL METHODS IN NURSING held on November 29,2024 st Gem nursing college auditorium, coimbatore

### **DECLARATION**

I hereby declare that the facts given above are genuine to my best knowledge and belief (Telna mb)

### **EXPERIENCE**

fresher