

# Dr. A. PARISHADH KUMAR

## ORTHOPEDIC OCCUPATIONAL THERAPIST

OBJECTIVE: To extend all my efforts to the growth and development of organization through creative and innovative ideas, always keeping the organizations goals as priority

Professional Body Membership: Life member of All India Occupational Therapists Association (L-7024/2023)

DOB: 30.12.1997

### CONTACT

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Saravanampatti, Coimbatore,  
Tamil Nadu, India- 641035

### SKILLS

- Good communication skills
- Interpersonal skills
- Range of motion training
- Assistive technology training
- Designing adaptive device and casting
- Home modification training
- ADL and IADL evaluation, modification and training
- Job analysis training
- Work conditioning & Work hardening
- Adaptive equipment training
- Vocational training

#### COMPUTER SKILLS:

MS office (MS Word, MS Excel, MS PowerPoint)

#### LANGUAGES KNOWN:

To Speak: English, Tamil, Telugu  
To Write & Read: English, Tamil

### EDUCATION

- **Master of Occupational Therapy (Orthopedics)** 2023-2025  
*SRM Institute of Science & Technology, SRM University, Chennai*
- **Bachelors of Occupational Therapy** 2015-2019  
*KMCH College of Occupational Therapy, Coimbatore,  
The Tamil Nadu Dr. MGR Medical University, Chennai*

### EXPERIENCE

- **Jeyam Autism Center, Coimbatore** 2022-2023  
*Occupational Therapist*
  - Providing sensory integration therapy in minimum duration.
  - Providing physical and cognitive skill activities in different ways.
  - Communicate with healthcare professionals to confirm with plans of care.
  - Enhancing children in their academics.
- **Crescent Physio and Rehab Clinic** 2024- present  
*Occupational Therapist*
  - Using different types of learning strategies and skillful training.
  - Using various techniques for improving cognitive skills.

### RESEARCH WORK DONE IN MOT

Effectiveness of occupational therapy interventions on occupational participation and risk of falls in mid-age group people with osteoarthritis guided by Mrs. Grace Lydia Sarojini, Vice- Principal, SRM College of Occupational Therapy, Kattankulathur.

## PROJECT WORK AT BOT

To explore the influence of forearm and wrist position on grip strength among college going students guided by Mrs. S. Sugi, Professor, KMCH College of Occupational Therapy, Coimbatore.

### INTERNSHIP PROGRAM IN BOT

- Nov 2021 to Dec 2021 – Paediatric Occupational Therapy
- Dec 2021 to Jan 2022 – Orthopedics hand burns and plastic surgery
- Jan 2022 to Feb 2022 – Community based rehabilitation
- Feb 2022 to Mar 2022 – Neurology department
- Mar 2022 to Apr 2022 – Psychiatry department
- Apr 2022 to May 2022 – Physical medicine and rehabilitation

### CLINICAL TRAINING IN BOT

Attended one month clinical training in Vazhikatti - Mental Health Care & Research Institute (Centre for Mental Health Emergencies, Acute Care & De-addiction, Government Licensed Psychiatric Hospital), Coimbatore from 6th October to 5th November, 2017 .

## SHORT TERM COURSE

- Assisting and advocating for people with disabilities - NCAHT – IIT – Madras – July 2024

## WALKATHON PROGRAM

- Certificate of appreciation was given for volunteering in special walkathon event conducted by Kaumaram Prashanthi Academy (School for Children with Special Needs) on December 10th 2017.

## WEBINAR PROGRAMS

- Attended 'World Record Event on Mental Health Awareness Webinar' held on 31st October 2020 organized by Tamil Nadu Association of Clinical Psychologists (TNACP).
- Participated in the guest lecture on the topic "Impact of International Classification of Functioning, Disability and Health in OT Practice" conducted by Saveetha College of Occupational Therapy held on 19th June 2021.
- Attended webinar on 'Burn Care and Rehabilitation' organized by International Chapter of AIOTA in association with All India Occupational Therapy Association and Academic Council of Occupational Therapy held on 20th June 2021.
- Attended webinar on the eve of 'World Stroke Day' on the topic 'STROKE REHABILITATION' organized by CRC, Davangere held virtually on 29th October 2022.

## CONFERENCES AND WORKSHOPS ATTENDED

- Attended 'Fevicryl workshop' from 19th February and 20th February 2016 organized by KMCH College of Occupational Therapy.
- Attended state level conference on 'Cognitive Rehabilitation- An overview' held on 6th December 2017 at KMCH College of Occupational Therapy, Coimbatore.
- Attended state level 'CME on Cognitive Behaviour Therapy (CBT)' and Inter-college meet held at J.K.K. Munirajah Medical Research Foundation College of Occupational Therapy, Komarapalayam from 22nd to 24th November 2018.
- 'COTE and Workshop on Hand Splinting' held on 22nd and 23rd November 2023 organized by SRM College of Occupational Therapy.
- 'COTE conference in artificial intelligence and assistive technology: applications in occupational therapy' organized by OTICON and Kerala branch AIOTA at Cochin, Kerala 19th to 21st January, 2024
- COTE and workshop on 'cognitive rehabilitation in acute care setup: Evidence and Reasoning' and 'Occupational practices in acute care neurology setting in hospital' organized by SRMCOT on 27th and 28th March 2024.
- COTE conference and workshop in 'Occupational therapy in forensic mental health' organized by SRM Medical College Hospital and Research Centre on 4th & 5th November 2024
- COTE conference and workshop in 'Essential competencies for occupational therapists in Gericare' organized by SRM Medical College Hospital and Research Centre on 27th and 28th November 2024.
- Pre- conference COTE on the theme of 'Translating research into policy and clinical practice in occupational therapy' and 'Innovations, Integration and Indian Perspectives: Occupational therapy in head, face and neck onco- rehabilitation' conducted by Academic Council of Occupational Therapy held on 21st February 2025 during OTICON 2025 at Kala Academy, Panjim, Goa.
- Pre- conference 1 day training workshop on the theme of 'Clinical assessment and practical intervention for praxis from ideation to execution in school environment' held on 20th February 2025 organized by Goa Medical College and Hospital and The Goa branch of AIOTA in collaboration with ACOT of AIOTA at Goa Medical College and Hospital, Goa.
- COTE conference and Workshop in 'Occupational therapy in stroke rehabilitation' organized by SRM MCH and RC on 24th and 25th March 2025.
- Pre-conference workshop, International Conference on Autism organized by SRM MCH & RC, SRM Institute of Science and Technology, Kattankulathur on 23<sup>rd</sup> and 24<sup>th</sup> April 2025.

## DECLARATION

I hereby declare that the information given is true to the best of my knowledge.

(Dr. A. PARISHADH KUMAR)

## REFERENCES

- Dr. U. Ganapathy Sankar, Ph.D, Dean,  
SRM College of Occupational Therapy, Chennai  
ganapatu@srmist.edu.in +91 9841129481
- Mrs. D. Grace Lydia Sarojini M.O.T, Vice Principal,  
SRM College of Occupational Therapy, Chennai  
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