

MEGHA SUNNY

Nursing Professional

Resourceful professional with several years of experience caring for patients and working closely with other healthcare staff. Well-rounded individual skillful in providing emotional support to patients and families, performing various diagnostic tests, and administering medication. In-depth knowledge of emergency care and nursing care techniques and methods.



Contact Details

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Professional Registration

Nursing Registration Council:
**The Tamil Nadu Nurses and
Midwives Council**
Candidate Registration Number : **237233**
Date of Registration : **09.08.2021**
Date of Expiry : **08.08.2026**

Passport Details

Passport no : **W8837162**
Date of issue : **29.12.2022**
Date of expiry: **28.12.2032**
Place of issue : **Cochin**

Personal Profile

Date of birth : **20.12.1997**
Nationality : **Indian**
Marital status : **Married**
Personal interests : **Dancing**

Languages

English
Malayalam
Tamil
Hindi

Work experience

Feb 2021 to
May 2024

STAFF NURSE

Christian Medical College and Hospital, Vellore, Tamil Nadu, India
Department/Ward Allocation: Cardiology Ward
Bed Capacity: 4030

RESPONSIBILITIES AS A STAFF NURSE

- Recognize and analyse patient needs.
- Plan organize and render comprehensive nursing care.
- Carry out all aspects of personal care as required by the patient.
- Apply scientific principles in giving patient care.
- Utilize available resources in giving patient care.
- Include the family in the care of patients.
- Maintain a safe and therapeutic environment for patients and their families.
- Evaluate own performance in relation to nursing care.
- Maintain appropriate patient care records.
- Recognize the legal implications in nursing and adhere to policies set-up by the hospital and Nursing service.
- Participate in the medical management of patients as a member within the healthcare team.
- Act as a liaison between the patient, family and hospital personnel.
- Maintain confidentiality in all matters related to the patient, patient's family and other staff.
- Maintain competence by keeping knowledge up-to-date.
- Maintain the standard of nursing care at the highest possible level.
- Maintain professional dignity.

MANAGEMENT

- Familiarize self with the hospital routine.
- Relieve the ward sister as required.
- Promote good interpersonal relationships.
- Assist with implementing policies of the institution in relation to patient care.
- Adhere to institutional policies and procedures at all times.
- Suggest ideas to improve the physical facilities of the ward and patient care.
- Assist with maintaining supplies and equipment in the ward.
- Supervise the non-professional staff as required.
- Assist with maintaining the cleanliness of the ward.
- Demonstrate effective communication skills.
- Perform any other job that is suitably assigned by the ward in charge/department sister.

Education

B.Sc Nursing (2016 - 2020)

College of Nursing, Christian Medical College, Vellore, Tamilnadu.

The Tamil Nadu Dr. M.G.R. Medical University, Chennai.

PLUS 2 (2014 - 2016)

MCM HS School, Pattimattom, Ernakulam, Kerala.

Board of Higher Secondary Examination, Kerala.

SSLC (2014)

MCM HS School, Pattimattom, Ernakulam, Kerala.

Board of Higher Secondary Examination, Kerala.

References

Mrs Alice Sony

Nursing superintendent

Christian Medical College and Hospital, Vellore, Tamilnadu.

Contact:

0416 228 2651

nso@cmcvellore.ac.in

Ms Priyadarshini

Nurse manager

Christian Medical College and Hospital, Vellore, Tamilnadu.

Contact:

+91 9442413966

priyamaran714@gmail.com

Gaps in Employment

I tendered my resignation from my previous employment on May 8, 2024, with the intention of seeking a professional opportunity in my hometown. Currently, I am actively pursuing employment in Kerala. There is a two-month gap in my employment history.

EDUCATION, TRAINING AND DEVELOPMENT

- Give relevant health education to patients and families.
- Familiarize self with the student's learning needs and guide them as appropriate in giving patient care.
- Guide the non-professional staff in their responsibilities.
- Attend all staff and education meetings as required.
- Attend and participate in professionally related activities.
- Attend the induction programme and other identified training requirements.
- Maintain clinical knowledge and skills up-to-date.

DUTIES AND RESPONSIBILITIES 8hrs/day (44hrs per week)

- Nurses prayer
- Taking over the report from the previous shift.
- Nurses bedside rounds & attending doctors rounds.
- Assessing the physical and psychological needs.
- Planning patient care.
- Monitoring vital signs (q2h).
- Nutritional needs of the patients (Oral, Nasogastric, Intravenous infusion)
- Monitoring fluid balance.
- Drug administration
- Checking random blood sugar.
- Maintaining dangerous drug and administration.
- Assessing the physical and psychological needs.
- Female catheterization.
- Continuous drip feeds.
- Resuscitation during cardiac & respiratory arrest.
- Insertion of Nasogastric tube.
- Administration of intramuscular, intravenous and subcutaneous injections.
- Catheter care.
- Blood transfusion.
- Giving steam inhalation, chest physiotherapy & suctioning.
- Hot and cold application.
- Family teaching (eg. Diabetes, heart healthy diet, low cholesterol low sodium diet)
- Family advice, counselling and support for patient and relatives.
- Starting peripheral line.
- Administration of emergency drugs like adrenaline, atropine, sodium bicarbonate and calcium gluconate.
- Oxygen administration and nebulization therapy.
- Infection control.
- Administration of infusion like, morphine, midazolam, noradrenaline, frusemide, dopamine, dobutamine etc.
- Taking laboratory specimens
- Death care.

Declaration

I hereby declare that the above information is true and fair to the best of my knowledge and belief.

Megha Sunny