R. KOKILA

BSC.NURSING



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Career Objective

Enthusiastic and dedicated Registered Nurse with strong communication skills and a solid foundation in healthcare protocols and best practices. Seeking a position in public health to enhance my professional skills, build long-term relationships, and contribute to improved patient outcomes.

Project & Research

Title: A Pre-Experimental Study to Assess the Effectiveness of a Structured Teaching Programme on Knowledge Regarding Hazards of Junk Food among School Students of Selected Private School, Coimbatore.

A pre-experimental research study was undertaken to assess the effectiveness of a structured teaching programme in enhancing the knowledge and awareness of school students regarding the health hazards associated with the consumption of junk food. The study was conducted among students of a selected private school in Coimbatore, aiming to evaluate the impact of educational intervention on their understanding of nutritional risks, lifestyle diseases, and the long-term consequences of poor dietary habits. The findings aimed to support the integration of structured health education in school curricula to promote healthier food choices among adolescents.

Professional Experience

- Emergency Department
- · Surgical ICU
- Medical ICU
- OT Nurse
- Coronary Care Unit (CCU)
- Operation Theatre Nurse
- Labour Ward
- Emergency Department EMR
- Liver Transplant Department
- · Gastroenterology Medical & Surgical Ward
- · Oncology Ward

Certificaions

National Level Conference on "ENLIGHTENING EDUCATIONAL METHODS IN NURSING"

Education

Bachelor of Science in Nursing

GEM Institute of Nursing Education & Research

2020 - 2024

Areas of Interest

Emergency Department Operation Theatre

Intensive Care Unit (ICU) Oncology Ward

Cardio Thoracic Unit Gastro Entrology Ward

Liver Transplant Department

Medical-Surgical Ward